

### **Consent and Medical Questionnaire for Microblading**

#### **Client Details:**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Email address: \_\_\_\_\_ Telephone No.: \_\_\_\_\_

#### **Consent and Release Agreement**

This form is designed to give information needed to make an informed choice of whether to undergo Microblading.

If you have any questions, please don't hesitate to ask.

Although Eyebrow Microblading is effective in most cases, no guarantee can be made that a specific client will benefit from the procedure. This is the process of inserting pigment into the basal layer of the epidermis. It is a form of tattooing, though semi-permanent, it is considered a permanent marking. All instruments that enter the skin or come in contact with body fluids are disposable and disposed of after use. Cross contamination guidelines are strictly adhered to.

Generally, the results are excellent. However, a perfect result is not a realistic expectation. Initially the color will appear more vibrant or darker compared to the end result. Usually within 5-7 days the color will fade 40-50%, soften and look more natural. The pigment is semi-permanent and will fade over time. Additional touch-ups are likely needed within 6 months to 2 years.

#### **Photography Release Consent**

I consent to before and after photographs for the purpose of documentation, potential advertising, and other promotional activities. Y/N

#### **Possible Risks, Hazards, or Complications**

- Pain: There can be pain even after the topical aesthetic has been used. Anaesthetics work better on some people than on others.
- Infection: Infection is very unusual. The areas treated must be kept clean, and only freshly cleaned hands should touch the areas. See "After Care" sheet for instruction on care.
- Uneven Pigmentation: This can result from poor healing, infection, bleeding, or many other causes. Your follow-up appointment will likely correct any uneven appearance.
- Excessive Swelling or Bruising: Some people bruise or swell more than others. Ice packs may help reduce the swelling. The swelling or bruising typically disappears in 1-5 days. Some people don't bruise or swell at all.
- Anaesthetics: Topical anaesthetics are used to numb the area to be tattooed. Lidocaine, Prilocaine, Benzocaine, Tetracaine, and/or Epinephrine cream and/or liquid are used. If you are allergic to any of these, please inform me now.
- MRI: Because pigments used in Permanent Cosmetic procedures contain inert oxides, a low level magnet may be required if you need to be scanned by an MRI machine. You must inform your MRI Technician of any tattoos or permanent cosmetics.
- Allergic Reaction: Although an allergy is unusual, there is always a possibility of an unknown allergy to the pigments and materials used during procedure.

The alternative to these possibilities is to use traditional cosmetic and NOT undergo the Semi-Permanent Eyebrow procedure.

Consent and release for procedures performed:

Signed \_\_\_\_\_ Date \_\_\_\_\_

**Medical Information**

Are you on any medications Y/N

If yes, please list: \_\_\_\_\_

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**Health Information**

Although it is impossible to list every potential risk and complication, the following conditions are recognised as contraindications for microblading and must be disclosed and discussed with your skin care specialist prior to treatment.

Please tick all that apply and give details below:

- Liver disease
- Pregnancy
- Compromised skin near brow area
- Chemotherapy/Radiation treatment
- Diabetes Type 1 or Type 2
- High blood pressure
- Auto-immune disease
- Any medical condition that causes slow healing or a high risk of infection

If you have ticked any of the above conditions, please provide details:

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Do you have any other conditions? Y/N

If yes please specify:

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Signed: \_\_\_\_\_

Date \_\_\_\_\_

**Consent and Aftercare Instructions**

These have been explained to me and a written copy has been given to me to retain in my possession, which I will follow to the best of my ability. If I have questions, I will call or email you on 0208 960 4958 or [enquiries@baykarlondon.com](mailto:enquiries@baykarlondon.com)

I understand that a certain amount of discomfort is associated with this procedure, and that swelling, redness and bruising may occur.

I understand that although the technique is performed correctly, is considered semipermanent since it fades and exfoliates out with the skin over time

I understand that Retin A, Renova, Alpha Hydroxy and Glycolic Acids must not be used on treated areas. They will alter the colour and cause premature exfoliation of the pigment.

I understand that tanning beds, pools, some skin care products and medications can affect my permanent makeup

I understand that successful colour saturation can NOT be guaranteed due to hidden scar tissue.

I will tell all skin care professionals or medical personnel about my permanent makeup procedures, especially if I am scheduled for an MRI.

I accept the responsibility to explain to you by desire for specific colors, shape, and position for any procedure done today.

I understand that implanted pigment colour can slightly change or fade over time due to circumstances beyond your control, and I will need to maintain the colour with future applications.

I acknowledge that the proposed procedure(s) involve risks inherent in the procedure and have possibilities of complications during and/or following the procedures such as: infection, misplaced pigment, poor colour retention, hyper-pigmentation, scarring, bleeding, & nerve damage.

I have been advised that a touch-up session is highly recommended to make any adjustments to shape, colour, and to fill any pigment that may have had poor retention. Touch-ups must be completed within 60 days of initial procedure.

I have been quoted the cost of today's appointment, and the cost of the touch-up. Touch-ups must be completed within 60 days of initial procedure to be considered a touch-up price.

I certify that I have read or have had read to me the contents of this form. I understand the risks and alternatives involved in this procedure(s). I have had the opportunity to ask questions, and all my questions have been answered. I acknowledge that I have reviewed and approved the material given to me, and I authorise Baykar London' Skin Specialist as my Eyebrow Microblading technician to carry out my Eyebrow Microblading procedure today.

Signed \_\_\_\_\_

Date \_\_\_\_\_

### **Microblading Aftercare Instructions**

It is essential that you follow these instructions after your Microblading session:

1. Day One (Day of treatment): Wait 1-2 hours and let the wounds weep lymph. After 2 hours you must wipe off the lymph with a moistened cotton pad, then apply a thin layer of Aquaphor with a cotton swab. Do this every hour on the hour until bed. At night wash the treated area with warm water and mild soap like Cetaphil. Wash your hands with a disinfectant soap before washing your eyebrows and/or applying the postcare cream. NOTE: Too much Aquaphor will cause the pigment to scab. Aquaphor is available in the skin care section of any drug store.
2. Day Two – Nine: Repeat the wiping of the brows at least 2 times a day. At night wash the treated area with warm water and mild soap like Cetaphil. Wash your hands with a disinfectant soap before washing your eyebrows and/or applying the post-care cream.
3. The following must be avoided during all nine days post-microblading procedure:
  - a. Sweating. It is recommended not to sweat for the first 10 days after the procedure. Sweat is salt and can prematurely fade the treated area.
  - b. Practicing sports including swimming
  - c. Hot sauna, hot bath, or Jacuzzi
  - d. Sun tanning or salon tanning. Absolutely No Sun, sweating, or tanning prior to the procedure or after the procedure for 2 weeks. Do not have a tan/sunburn on your face prior to your procedure. The tan will exfoliate taking colour with it as it fades.
  - e. Any laser or chemical treatments or peelings, and/or any creams containing Retin-A or Glycolic Acid on the face or neck
  - f. Picking, peeling, or scratching of the micro pigmented area in order to avoid scarring of the area or removal of the pigment
  - g. Performing tasks related to heavy household cleaning where there is a lot of airborne debris
  - h. Spicy foods
  - i. Smoking
  - j. Drinking alcohol in excess, as it may lead to slow healing of wounds
  - k. Touching of the eyebrow area except for when rinsing and applying the post-care cream with a cotton swab
  - l. Before showering apply a layer of post-care cream to protect your eyebrows from moisture. During the shower keep your face away from the showerhead.

Itching and flaking may appear during the first seven days post-microblading procedure. However, experience has shown that by following these after-care instructions, these symptoms may quickly disappear. The healing of deeper wounds might last between 14-21 days. Touch-ups and/or correction of the shape-design is recommended only after this period.

If you have any unexpected problems with the healing of the skin, please contact us to discuss.

At the first sign of infection, allergic or adverse reaction, consult with a health care professional.

### **What to expect during and after your microblading session**

Your new temporary eyebrow will go through several phases during the healing cycle. The pigment will appear very sharp and dark immediately after the procedure. This is because the pigment is still sitting on top of your skin, and has not yet settled in completely. The color of the pigment will soften gradually. Do not be alarmed if you see some pigment on the cotton swab, as this is excess pigment and/or body fluid that is naturally exiting your skin.

Once the healing of the skin starts taking place, it will look like dandruff flakes or dry skin. This might give you the impression that the colour pigment is fading too quickly, however, this is just superficial colour and dry skin being naturally removed from your eyebrows.

Once completely healed, after 2 weeks, always apply a layer of sunscreen SPF 30 up to SPF 50 on your eyebrows when exposed to the sun. Sun exposure might cause the colour pigment to fade away more quickly.

You can now enjoy your beautiful new temporary eyebrows. You will simply love your new gorgeous fresh look!